

Implementation of Tri Bakti PMR and Seven Basic Principles in Daily Life

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ABSTRACT

The aim of this research is to determine the implementation of the Tri Bakti PMR and the seven basic principles in everyday life. The method used by researchers is a qualitative research method with a population of participants and Jumbara coaches. Meanwhile, the research sample was 7 people consisting of 6 jumbara participants and 1 supervisor. The data collection technique carried out by researchers in this study used observation and documentation interview techniques. Based on the results of the research, it shows that implementing the Tri Bakti PMR and the seven basic principles in everyday life is very important, starting from maintaining personal hygiene, carrying out mutual cooperation activities, working together in the community and strengthening and increasing friendship relations. Applying the basic principles can be done by helping someone without discrimination, voluntarily, fairly and also by being independent, such as caring for one's own wounds. It can be concluded that the application of the Tri Bakti and basic principles will train people to be good at helping others without discrimination, without expecting rewards and without discrimination and can also train a sense of sympathy for helping people and a sincere attitude as well as inner satisfaction for having helped people.

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INTRODUCTION

The Youth Red Cross (PMR) is one of the legally recognized humanitarian organizations, with the aim of alleviating and preventing suffering and protecting victims regardless of religion, nation, ethnicity, color, gender, class and political views. (Sri A. Ibrahim, 2021) According to Gunawan, the Youth Red Cross is a place to nurture students in character development to understand, know and behave in accordance with the basic principles of the Red Cross and Red Crescent movements to maximize the knowledge of social skills of PMR members so that positive changes occur. (Nurasiah & Lestari, Ria Yuni, 2018)

PMR generally aims to build and develop character that is guided by Tri bakti and the principle of reddening to volunteer in the future. (Dinda Ayu Amalia & Fathurrohmah, 2022) Helping attitude is an attitude that needs to be developed for each individual both through the family, community and school environment to help so that individuals can establish good social relationships. Social relationships in everyday life that are well established, will foster mutual respect, respect and eventually will grow a helpful attitude. (Setianingsih et al., 2020)

The younger generation must have a caring spirit, a humanitarian spirit, and most importantly, an attitude of help. Because today there are many young people who do activities that waste time on useless activities such as smoking, drinking alcohol, robbing, participating in deviant activities or organizations, fighting and even using drugs. This is because adolescence is a time when someone wants to experiment with new things. (Usiono et al., 2023)

The activities carried out by PMR are one of the development of self-character education in students, one of the activities is equipping students about first aid for sick people, or injuries so that they become members of PMR who can help regardless of the background of the person being helped, it can realize the development of character education character education social care, tolerance and responsibility. (Dinda Ayu Amalia & Fathurrohman, 2022) Understanding Tri Bakti and the basic principles of reddening is very important for all PMR members and also for the community. In addition to understanding, the application of this principle is also very important in everyday life. The understanding of PMR members regarding Tri bakti and the basic principles of reddening will affect the community, because with this understanding, PMR members will be able to distribute humanitarian assistance, a sense of community and high concern to people or victims who need help. (Santi Dwi Isro'Diyah, 2017).

METHOD

The research that researchers conduct uses qualitative research types. According to Strauss and Corbbin, qualitative research is a type of research in which the discovery procedure carried out does not use statistical or quantification procedures. This means that qualitative research is research about a person's life, stories, behavior and also about the functioning of organizations, social movements and reciprocal relationships. (Salim, 2021) The researcher uses this type of research to observe directly and illustrate how the application of tri bakti and basic principles in everyday life with the object under study so that it has the validity of the data, and the researcher is able to see how the implementation has been carried out by the respondents.

This research was carried out at the XII jumbara location on Jalan Durin Simbelang A, Pancur Batu District, Deli Serdang Regency, North Sumatra province. The study was conducted on Friday, October 13, 2023, at 9:00 a.m. until it was completed. With a population of participants and jumbara builders. While the sample of researchers was 7 people consisting of 6 jumbara participants and 1 coach. Data collection techniques carried out by researchers in this study used observational and documentation interview techniques.

RESULTS AND DISCUSSION

Result

The results of the data analysis conducted by the researchers that the application of Tri Bakti PMR and the Seven Basic Principles in Daily Life is very important to be applied in everyday life. As the results of interviews conducted by researchers with research subjects, namely about TRI, PMR service, namely serving the community and enhancing skills and maintaining international health and health is very important. The implementation of the first and second TRI bakti is a very important thing to do for all PMR members, One of the activities that can be done regarding these two tri-bakti is mutual cooperation in the community and washing hands before eating. Furthermore, regarding the TriBakti PMR, namely Strengthening National and International Friendship. According to the research subject, this activity is very necessary in order to add friends and to increase relationships, knowledge and experience among PMR members.

The results of the data analysis that researchers conducted regarding the seven basic principles are very important to apply. According to Azmi, this basic principle is a principle applied in all national associations, namely the red cross, red crescent and red crystal. For example, related to the principle of unity and neutrality, regarding the principle of unity according to research subjects can be applied by recognizing that the Red Cross is the only Red Cross and Red Crescent association organization that is open to everyone and carries out humanitarian tasks throughout the region, by applying this principle a member of PMR will be trained in cohesiveness and create an attitude of respect between fellow members and the community.

In addition, the principle of neutrality is very important to apply, namely by not distinguishing anyone who is helped. Similarly, one of the other research subjects mentioned that the basic principle can be done by being ready to help people without kicking feathers. Like the application that has been done by research subjects, namely helping grandmothers who want to cross on the road.

The application of the principle of independence is very important to do in everyday life, according to Andi the application of this principle is very training an independent, responsible and more courageous attitude in doing things and affecting himself by not depending on others. One of the applications that one of the subjects has ever had is to care for his own wounds and carry out the tasks assigned by the coach.

The principle of voluntariness is very important to apply. According to one of the research subjects, the application of this principle is necessary when helping someone. Because when helping someone we should

help voluntarily without expecting anything in return from the victim and the application of this principle can also train inner sympathy and the satisfaction of having helped people. As one once did, the research subject helped his friend who fainted in the field during the flag ceremony.

The principle of the universe is also very important and connected with other principles. According to the research subject, the provision of rights and obligations to victims is carried out universally or equally, meaning that without providing differences in help to victims, such as victims who have richer, more beautiful and others are not given help first when there are victims who need more emergency help.

Discussion

According to researchers, the Red Cross is an organization as well as a place to increase the ability of each individual to be ready to become a volunteer. The Red Cross has many activities that can be applied in everyday life such as TRI Bakti and Seven Basic Principles in everyday life.

The Tri bakti PMR are:

1. Improve healthy living skills

According to the research subject, the implementation of the first and second service TRI is a very important thing to do for all PMR members. Examples of the application of this tri bakti such as maintaining personal hygiene and can be done by socializing about PHBS. According to the Minister of Health of the Republic of Indonesia, PHBS is a behavior based on public awareness to live and clean in order to achieve optimal health. The goal is to increase people's understanding and expertise in living a clean and healthy life, and achieving optimal health. (Yuliana et al., 2023)

2. Work and serve the community.

According to the research subject, filial piety to the community is the duty of PMR members. The practice of this tri bakti is very important in the community in order to strengthen relations with the community. Such as mutual cooperation in the community to prevent disease in the community. According to Nafis, gotong-royong is a form of social cooperation that shows mutual respect. In addition to strengthening solidarity, it can also strengthen cohesiveness with the community. (Kurnia et al., 2023)

3. Strengthening national and international friendships.

According to the research subject, strengthening national and international friendship is very important. According to him, this activity is very necessary to add friends and to increase relationships and to increase the knowledge and experience of fellow PMR members. According to Bukowski, Hoza & Biovi, friendships will have a positive impact on adolescent development if the friendship is established healthily. With positive friendship relationships, for example, togetherness, there will be minimal conflict, and mutual help activities bring up a sense of security and a feeling of attachment. (Mohammad Fadilah Noor et al., 2023)

The importance of applying seven basic principles, namely:

Humanity is providing non-discrimination aid to the wounded to alleviate human suffering. (Triansyah & Saadah, 2022) This principle is useful for increasing friendship, cooperation and peace so as not to create discrimination of nationality, race, belief, religion, and politics. This principle is prohibited from using violence that can add more suffering to the victim. (Farmer, 2019) The application of this principle is very important to be applied in everyday life, by helping people by not discriminating victims based on anything. With the aim of volunteers ready to help anyone and anywhere.

Commonality is a Red Cross movement that always helps people indiscriminately. (Ed. and al., 2022) Equality is also defined as providing assistance without distinguishing victims with the aim of reducing the suffering of people with their needs by prioritizing the most severe circumstances. (Farrada et al., 2020) The implementation of the principle is the same as the humanitarian principle, as stated by the research subject that this principle is very important in helping people by not discriminating against the person being helped in any case. With the aim that we are ready to help people who need help.

Neutrality is an organization that is neutral in nature, does not take sides with any and anyone. (Rizqi et al., 2020) The spirit of neutrality has an important role in one of the activities of the Red Cross, one of which is blood donation activities, so that it can help people in need. (Solehudin, 2022) This principle has an impact on the attitudes formed in PMR members. As mentioned by the research subject, that this principle is very influential on the neutrality of a helper to the victim. With this principle a person will be trained to be fair.

Independence is a condition of a person being able to make decisions and initiatives to overcome the problems faced, have confidence in carrying out their duties, be responsible for what is done and willing to take risks. (Arif et al., 2021) Independence emphasizes independence in an organization. (Ed. and al., 2022) By implementing this principle, a PMR member will be able to act independently such as being able to treat his

own injuries, being able to be responsible about the tasks given to him and being more courageous in doing things.

Volunteerism is a youth red cross movement that can train the character of adolescents in providing voluntary assistance without any reward. PMR sticks to the principle of voluntariness, meaning there is no coercion or pressure to become a member of PMR. (Juhdeliana et al., 2020) Working voluntarily or without pay is part of community life to balance between personal interests and the interests of many people who need help. (Ed. et al., 2019) The research subjects also mentioned that this principle is very important to be applied in helping activities. By applying this voluntary principle can train sympathy to help people and sincerity and satisfaction in oneself for helping people.

Unity is a red cross and red crescent society in a country, the red cross association must be open to everyone, must carry out the duties of age throughout its territory. (Antouw, 2020) This principle is very important in everyday life. According to the research subject, this principle will train cohesiveness for PMR members and train tolerance between PMR members and the community, both differences in religion, ethnicity, language and others.

Keuniversalan is a youth red cross movement that emphasizes the same obligation in helping children. The universe is more directed towards every organization and association. (Ed. and al., 2022) The application of this principle is very important in everyday life. The research subjects mentioned that this principle is very important in helping activities, because in helping activities, it should be carried out based on victims who need more emergency treatment.

CONCLUSION

The application of tri bakti and basic principles is very important to do in everyday life. This is not only for others but for ourselves. One of them is by adopting the tri filial piety, the second person will avoid disease. In addition, by applying the seven basic principles a person will be trained both from helping others without discrimination, without expecting rewards and regardless of feathers. By applying the seven basic principles a person will be trained to be independent, responsible, courageous and train cohesiveness and respect in the community. By applying this voluntary principle can train sympathy to help people and sincerity and satisfaction in oneself for helping people.

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